




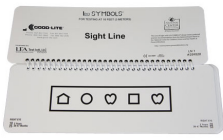




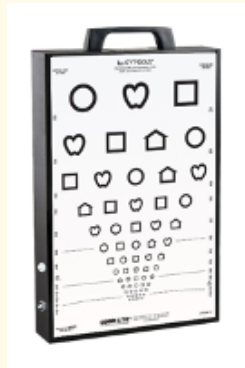
## EVIDENCE-BASED SCREENING TOOL EXAMPLES

States, and even separate school districts within states, have varying vision screening procedures and protocols. The following information provides recommendations from currently available evidence-based sources, including the National Expert Panel to the National Center for Children's Vision and Eye Health, Prevent Blindness, and Bright Futures.

### OBSERVATION/CHECKLIST APPROACH

TEST	AGES	TOOLS	OPTOTYPES	PASS	NOTES AND TIPS
<b>18 Key Vision Developmental Milestones</b>	Birth to 1 <sup>st</sup> Birthday	18 Vision Development Milestones From Birth to Baby's First Birthday    	Observation/ checklist tool	Follow instructions	<p><b>Available in English and Spanish.</b></p> <p>Begin with 1<sup>st</sup> milestone regardless of infant's age to determine all milestones were met.</p> <p>Use tool monthly.</p> <p><b>English</b></p> <p><a href="https://nationalcenter.preventblindness.org/wp-content/uploads/sites/22/2020/05/18-Key-vision-questions-to-ask-in-year-1_version-5.27.2020.pdf">https://nationalcenter.preventblindness.org/wp-content/uploads/sites/22/2020/05/18-Key-vision-questions-to-ask-in-year-1_version-5.27.2020.pdf</a></p> <p><b>Spanish</b></p> <p><a href="https://nationalcenter.preventblindness.org/wp-content/uploads/sites/22/2020/06/Spanish_18-Key-vision-questions-to-ask-in-year-1_version-5.27.2020-1.pdf">https://nationalcenter.preventblindness.org/wp-content/uploads/sites/22/2020/06/Spanish_18-Key-vision-questions-to-ask-in-year-1_version-5.27.2020-1.pdf</a></p> <p><b>Flyer for Parents/Guardians –</b></p> <p><b>English</b></p> <p><a href="https://nationalcenter.preventblindness.org/wp-content/uploads/sites/22/2020/05/18visiondevelopmentmilestones_FINAL_4.20.20.pdf">https://nationalcenter.preventblindness.org/wp-content/uploads/sites/22/2020/05/18visiondevelopmentmilestones_FINAL_4.20.20.pdf</a></p> <p><b>Spanish</b></p> <p><a href="https://nationalcenter.preventblindness.org/wp-content/uploads/sites/22/2020/07/ESPmilestones8.5x11.pdf">https://nationalcenter.preventblindness.org/wp-content/uploads/sites/22/2020/07/ESPmilestones8.5x11.pdf</a></p>

# OPTOTYPE-BASED SCREENING APPROACH

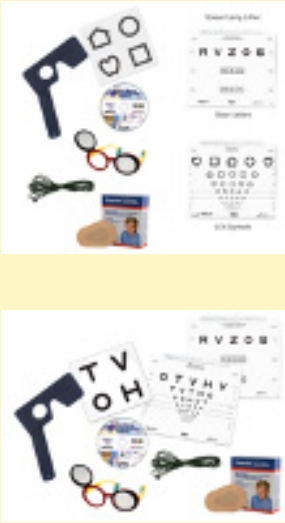
TEST	AGES	TOOLS	OPTOTYPES	PASS	NOTES AND TIPS
<p><b>Distance Visual Acuity</b></p>	<p>3, 4, 5, and 6 years</p>	<p>Tests of distance visual acuity:</p> <ul style="list-style-type: none"> <li>• Single, surrounded optotypes in wheels or flip charts at 5 feet.</li> </ul>  <ul style="list-style-type: none"> <li>• Flip charts with crowded lines of 5 optotypes per page at 10 feet in critical line or full threshold formats.</li> </ul>  <ul style="list-style-type: none"> <li>• 9 x 14 charts</li> </ul>  <ul style="list-style-type: none"> <li>• Tests of visual acuity screening software with single, surrounded optotypes at 10 feet.</li> </ul> 	<p>LEA SYMBOLS<sup>®</sup> or HOTV letters response panels for playing matching game.</p>  	<p>3yo – 20/50 line</p> <p>4 and 5yo – 20/40 line</p> <p>6yo and older – 20/32 line</p>	<p>Screen annually.</p> <p>Measure 10-foot screening distance between chart and child's eyes.</p> <p>Place arch of child's foot on the line when measuring the 10-foot distance, not heels or toes.</p> <p>Screen one eye at a time.</p> <p>Rescreen as soon as possible and no later than 6 months with the same screening tool.</p> <p>Refer to an eye doctor (pediatric optometrist, optometrist, pediatric ophthalmologist, or ophthalmologist) with experience examining young children.</p> <p>Use 9 x 14 Sloan Letters chart in an illuminated cabinet (e.g., ESV1200 below) or place on a wall in a well-lit room.</p> 

**OPTOTYPE-BASED SCREENING APPROACH (Continued)**

TEST	AGES	TOOLS	OPTOTYPES	PASS	NOTES AND TIPS
<p><b>Distance Visual Acuity</b></p>	<p>Beginning at ages 6 or 7 years, depending on when children can identify letters in random order</p>	<p>Tests of visual acuity at 10 feet, using standardized format.</p> <p>If you draw a line around the outside of the optotypes, the line will resemble an upside down pyramid and not a rectangle.</p> <p>No more than 5 optotypes per line, unless using a 9" x 14" chart.</p> <p>Test of visual acuity should be 10 feet, not 20 feet, AND should have a 20/32 (10/16) line, not a 20/30 line.</p>	<p>Sloan Letters</p> <p>Response panel of Sloan Letters for students who use English as a second language and may need to match optotypes.</p>	<p>More than half of optotypes on 20/32 line with each eye (e.g., 3 of 5 optotypes)</p>	<p>Bright Futures recommends vision screening for well-child medical visits at ages 8, 10, 12, and 15 years.</p> <p>Measure 10-foot screening distance between chart and child's eyes.</p> <p>Place arch of child's foot on the line when measuring the 10-foot distance, not heels or toes.</p> <p>Screen one eye at a time.</p> <p>Rescreen as soon as possible and no later than 6 months with the same screening tool.</p> <p>Refer to an eye doctor (pediatric optometrist, optometrist, pediatric ophthalmologist, or ophthalmologist) with experience examining school-aged children.</p> <p>Use 9 x 14 Sloan Letters chart in an illuminated cabinet (e.g., ESV1200 below) or place on a wall in a well-lit room.</p>






**OPTOTYPE-BASED SCREENING APPROACH (Continued)**

TEST	AGES	TOOLS	OPTOTYPES	PASS	NOTES AND TIPS
<p><b>Distance Visual Acuity</b></p>	<p>All ages beginning at age 3 years</p>	<p>Tests of visual acuity at 10 feet for threshold and critical line screening.</p> <p>AAPOS Basic Vision Screening Kit</p> 	<p>LEA SYMBOLS<sup>®</sup> and Sloan Letters</p> <p>Also available with HOTV and Sloan Letters</p>	<p>Follow instructions in kits</p>	<p>Measure 10-foot screening distance between chart and child's eyes.</p> <p>Place arch of child's foot on the line when measuring the 10-foot distance, not heels or toes.</p> <p>Screen one eye at a time.</p> <p>Rescreen as soon as possible and no later than 6 months with the same screening tool.</p> <p>Refer to an eye doctor (pediatric optometrist, optometrist, pediatric ophthalmologist, or ophthalmologist) with experience examining preschool- and school-aged children.</p>



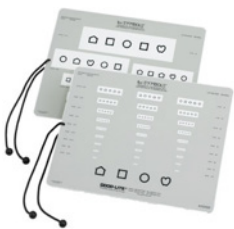
Instrument-based screening is appropriate for children ages 1 and 2 years, and as an alternative to optotype-based screening for ages 3, 4, and 5 years. Instrument-based screening can be used for children ages 6 years and older *only for children who cannot participate* in optotype-based screening. This age range may expand as high quality, peer-reviewed, published research emerges. All individuals, including community groups, screening children ages 6 years and older should follow this guideline until such research emerges.





Donahue, S. P., Baker, C. N., & AAP Committee on Practice and Ambulatory Medicine, AAP Section on Ophthalmology, American Association of Certified Orthoptists, American Association for Pediatric Ophthalmology and Strabismus, American Academy of Ophthalmology. (2016). Procedures for the evaluation of the visual system by pediatricians. *Pediatrics*, 137(1), e20153597. Retrieved from <http://pediatrics.aappublications.org/content/pediatrics/early/2015/12/07/peds.2015-3597.full.pdf>

### INSTRUMENT-BASED SCREENING APPROACH

TEST	AGES	TOOLS	OPTOTYPES	PASS	NOTES AND TIPS
<b>Screens for estimates of refractive error and eye misalignment</b>	1 year to 6 years	<p>Welch Allyn® Spot™ Vision Screener</p>  <p>Plusoptix S12 (C model shown here)</p>  <p>Righton Retinomax</p> 	None	According to device settings	<p>Vision screening instruments do not measure visual acuity.</p> <p>Consult local eye care provider for referral criteria settings in programmable devices.</p> <p>Insufficient data currently exists to support instrument-based screening for ages 6 years and older.</p> <p>Monitor the Prevent Blindness website for additional approved devices: <a href="https://preventblindness.org/recommended-tools-and-tests/">https://preventblindness.org/recommended-tools-and-tests/</a></p>

RECOMMENDATIONS FOR MISCELLANEOUS MANDATED SCREENING COMPONENTS

TEST	AGES	TOOLS	OPTOTYPES	PASS	NOTES AND TIPS
<p><b>Near visual acuity</b></p>	<p>All</p>	<p>LEA SYMBOLS<sup>®</sup> LEA NUMBERS<sup>®</sup> near chart with cord.</p>  <p>Sloan Letters near chart with cord.</p>  <p>LEA SYMBOLS<sup>®</sup> near chart with cord.</p> 	<p>Ages 3 to 6 years:</p> <p>LEA SYMBOLS<sup>®</sup> or HOTV letters</p> <p>Ages 6 years and older:</p> <p>Sloan Letters</p>	<p>3yo – majority of optotypes on 20/50 line with each eye separately or both eyes open</p> <p>4yo – majority of optotypes on 20/40 line with each eye separately or both eyes open</p> <p>5yo – majority of optotypes on 20/40 line with each eye separately or both eyes open</p> <p>6yo and older – majority of optotypes on 20/32 line with each eye separately or both eyes open</p>	<p>Plus lens testing is <b>not</b> a near visual acuity test.</p> <p>Can conduct full threshold screening (starting at top line and moving down the chart) one eye at a time OR critical line screening with each eye individually, or with both eyes open.</p> <p>Hold cord at child’s temple.</p> <p>Ensure cord remains tight to prevent child from moving closer to or farther away from the chart.</p>

TEST	AGES	TOOLS	OPTOTYPES	PASS	NOTES AND TIPS
<b>Stereoacuity</b>	All	PASS Test™ 2. 	NA	3yo – pass Card B (no testing with Card C)  4yo – pass Card B (no testing with Card C)  5yo and older – pass Cards B and C	<p>If student wears prescription glasses for distance viewing, remove prescription glasses and screen only with polarized glasses.</p> <p>If student wears prescription glasses for near viewing, or full time, place polarized glasses over prescription glasses when screening. you may need a larger set of polarized glasses.</p> <p>If student wears prescription glasses and you do not know the reason, place polarized glasses over prescription glasses when screening. You may need a larger set of polarized glasses. If the child cannot see the 3-D image, then try conducting the test without the child wearing their glasses.</p> <p>Ensure no glare or shadow on cards. Hold cards with edges of fingertips.</p> <p>Tilt cards slightly backward – about a 10-degree tilt.</p>
<b>Color Vision Deficiency Screening</b>	Upon entry to school system	Book with pseudoisochromatic plates. 	Symbols and numbers	Follow manufacturer instructions	<p>Replace book every 7 years; colors desaturate over time.</p> <p>Use cotton swab or brush for pointing or tracing the image as oil from fingertips will desaturate colors.</p>
<b>Occluders</b>	3 years to 10 years	Adhesive patches, 2-inch wide hypoallergenic surgical tape, or occluder glasses. 	NA	NA	<p><i>Unacceptable</i> occluders include: Tissues, hands, paper or plastic cups, paper occluders, adults holding occluders over child’s eyes, and occluder paddles.</p>
<b>Occluders</b>	10 years and older	“Mardi Gras mask” or “Lollypop” occluders. 	NA	NA	<p><i>Unacceptable</i> occluders include: Tissues, hands, paper or plastic cups, paper occluders, adults holding occluders over child’s eyes.</p> <p>Hold “lollypop” occluders with handle toward temple, not chin.</p>





# Vision Screening Certification

**Information for Prevent Blindness nationally recognized vision screening certification that you can do at your own pace.**

**Prevent Blindness Children's Vision Screening Certification Course**

**<https://nationalcenter.preventblindness.org/prevent-blindness-childrens-vision-screening-certification-course/>**

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**National Center  
for Children's Vision  
and Eye Health**

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