Digging Deeper into the Kansas Vision Screening Requirements and Guidelines, 6th Edition

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For personal viewing only to review and refresh knowledge.

Not to be used as a standalone training or certification tool. P. Kay Nottingham Chaplin, EdD

Cindy Galemore, MSEd, BSN, RN, NCSN, FNASN

July 17, 2019

Introduction and Disclaimer



- 18 years in vision screening field
- Former Director/Lead Trainer Vision Initiative for Children West Virginia University Eye Institute – focus on Head Start, school nurses, pediatric primary care practices
- Member –Advisory Committee to the National Center for Children's Vision and Eye Health at Prevent Blindness
- Consultant Vision Screening Committee, American Association for Pediatric Ophthalmology and Strabismus
- Current Director Vision and Eye Health Initiatives at Good-Lite and School Health Corporation
- Current Education and Outreach Coordinator for the National Center for Children's Vision and Eye Health at Prevent Blindness
- My focus is to encourage age-appropriate and evidence-based vision screening based on national guidelines and best practices – as part of a 12-component Strong Vision Health System of Care.

Presenters

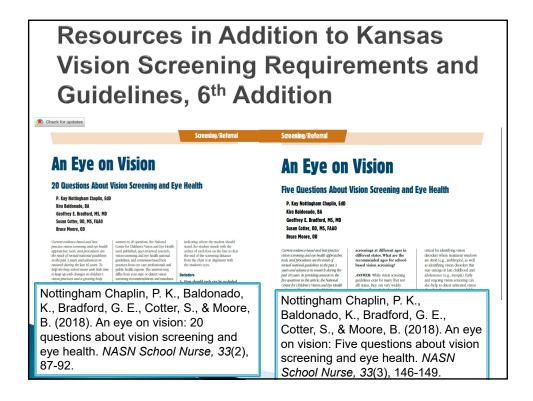


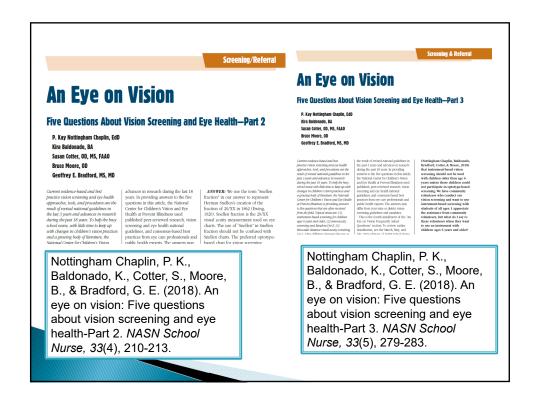
- Cindy Galemore, MSEd, BSN, RN, NCSN, FNASN
 - Consultant to KDHE, Bureau of Health Promotion, Healthy Kansas Schools Grant
 - Professional Standards Chair, Kansas School Nurses Organization
 - Member of Kansas Vision Coalition
 - Editor NASN School Nurse
 - Champion of school nurses, especially school nursing in Kansas!

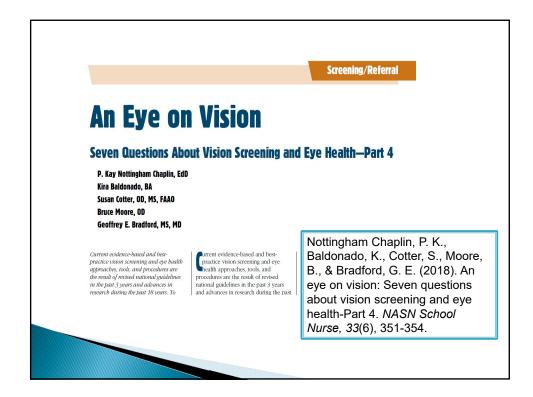
Objectives

Note: This breakout session does *not* count as training and certification.

- Differentiate vision screening tools as recommended in the Kansas Vision Screening Requirements and Guidelines, 6th edition, by:
 - ➤ Age appropriateness,
 - ➤ Screening equipment and setup,
 - >Screening procedures,
 - ➤ Referral criteria, and
 - Mandated versus recommended and optional tools.







Cast of Characters for National Guidelines

NCCVEH (ages 3, 4, and 5 years):

- National Center for Children's Vision and Eye Health at Prevent Blindness for public health settings, primary care providers, early childhood agencies and educators, community organizations, and school nurses
 - Optometry
 - Ophthalmology
 - · Family Advocates
 - Nurses
 - Public Health Professionals
 - Educators

AAP or AAP/AAPOS/AAO/AACO

for pediatricians (all ages):

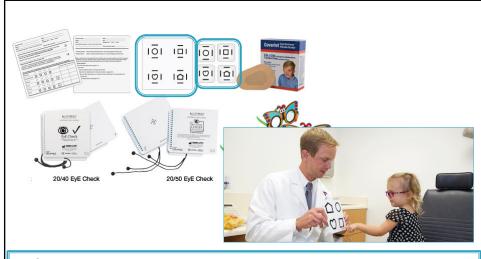
- American Academy of Pediatrics
- American Association for Pediatric Ophthalmology and Strabismus
- American Academy of Ophthalmology
- American Association of Certified Orthoptists

 Approved instruments instead of eye charts permissible

➤ Critical line or full threshold formats



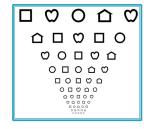




- Card with 4 optotypes use as matching game
- Individual cards may be placed on floor in front of child – ask child to step on card matching optotype to identify

Threshold & Critical Line Screening

- Threshold screening
 - Move down chart until child cannot correctly identify majority of optotypes
- Critical line screening
 - Use only line child needs to pass according to child's age





- If a student fails a critical line vision screening, do I follow up with full threshold screening?
 - ►No.
 - ➤ Failing a vision screening using the critical line pass/refer approach warrants a referral for further assessment from an eye care professional without the need for further screening with a full threshold charts to identify why the student did not pass the screening.
 - Critical line screening is just as effective as threshold screening (and perhaps more so) in identifying students with abnormal visual acuity in at least one eye (AAP/AAPOS/AAO/AACO).

Nottingham Chaplin, P. K., Baldonado, K., Cotter, S., Moore, B., & Bradford, G. E. (2018). An eye on vision: Seven questions about vision screening and eye health-Part 4. *NASN School Nurse*, *33*(6), 351-354.

Required in Kansas – Ages 6 Years and Older

- Distance visual acuity screening
 - ➤ Sloan Letters
 - Critical line or full threshold formats
- Instruments *are not* permissible



- . . . We have community volunteers who conduct our vision screening and want to use instrument-based screening with students of all ages. I appreciate the assistance from community volunteers, but what do I say to these volunteers when they want to use an instrument with children ages 6 years and older?
 - Whether you conduct vision screening yourself or community partners conduct vision screening for you, you want to ensure that evidence-based vision screening tools and procedures are used to achieve the best screening results possible to reduce both over- and under-referrals.
 - Sufficient high-quality, peer-reviewed, published research is currently unavailable to recommend instrument-based vision screening for children ages 6 years and older as an evidencebased screening procedure.

Nottingham Chaplin, P. K., Baldonado, K., Cotter, S., Moore, B., & Bradford, G. E. (2018). An eye on vision: Five questions about vision screening and eye health-Part 3. *NASN School Nurse*, *33*(5), 279-283.

Arranging the Environment

- Eye charts (threshold and critical line)
 - Clutter-free background
 - Measure distance between chart and child's eyes
 - Child stands with arches of feet on line, not heels or toes
 - Child sits with back to back of chair

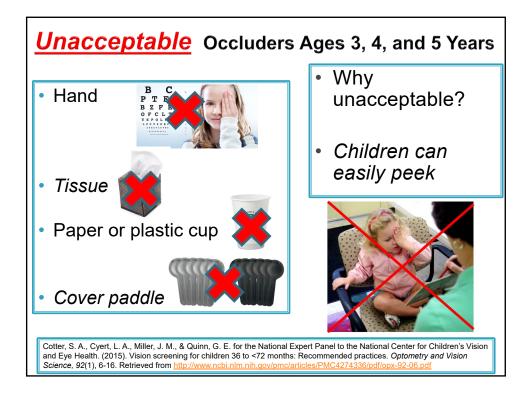


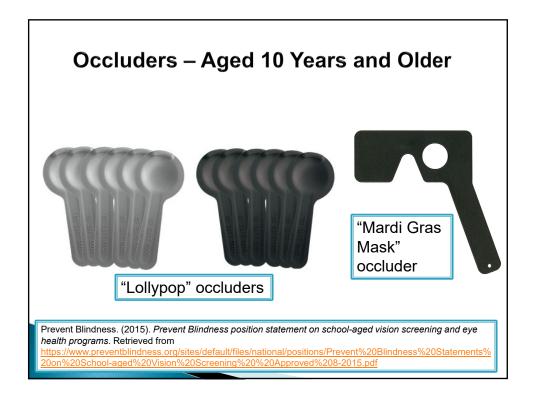
Q&A from Papers

- At what height do I hang the threshold chart (chart with at least 10 lines of letters, numbers, or symbols [optotypes] decreasing in size)?
 - Lines 20/50, 20/40, and 20/32 should be at the student's eye level.

Nottingham Chaplin, P. K., Baldonado, K., Bradford, G. E., Cotter, S., & Moore, B. (2018). An eye on vision: 20 questions about vision screening and eye health. *NASN School Nurse*, *33*(2), 87-92.







- Is it okay if an adult helping me screen vision covers the child's eye or holds the occluder?
 - ➤No, it is not a good practice for an adult to cover the child's eyes or hold the occluder over the child's eyes.

304-906-2204

913-284-3460

The child can peek with these occlusion approaches if the adult stands behind the student or inaccurately holds the occluder.

Nottingham Chaplin, P. K., Baldonado, K., Bradford, G. E., Cotter, S., & Moore, B. (2018). An eye on vision: 20 questions about vision screening and eye health. NASN School Nurse, 33(2), 87-92.

From Q&A Papers

- . . . Should I also conduct a full distance visual acuity screening with both of the child's eye uncovered? . . .
 - Screening distance visual acuity should always be done monocularly (i.e., one eye at a time with the other eye covered).
 - It is not done with both eyes open (binocularly) because the better-seeing eye typically determines the level of visual acuity found with both eyes open.

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- Thus, if one eye has a visual acuity deficit and the other eye has normal visual acuity, you will measure normal visual acuity and miss the decreased vision of the affected eye.
- ➤ However, it is perfectly acceptable to have both of the child's eyes open for demonstration or training purposes before screening monocular visual acuity.

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To Point or Not to Point . . .

- Pointing to each optotype to help children know where they are on the chart is permissible.
 - ■True or False?



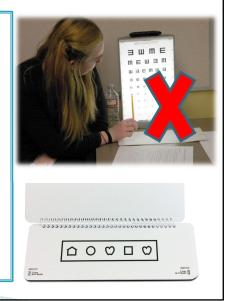
▶ 1.8 "Line-by-line isolation or pointing may be used, but not letter by letter"



World Health Organization (2003). Consultation on development of standards for characterization of vision loss and visual functioning. Geneva: Switzerland. Retrieved from

No Pointing at Optotypes

- Holding pointer at optotype makes optotype easier to identify.
- Instead . . . briefly point under or over top of optotype and <u>quickly</u> remove pointer.
- If line has a box around optotypes, stay outside the box with pointer.



Referral Criteria Depending on Tool

NCCVEH

- Age 3 years:
 - Majority of optotypes on 20/50 line
- Ages 4 and 5 years:
 - Majority of optotypes on 20/40 line
- Ages 6 years and older:
 - Majority of optotypes on 20/32 line

AAP

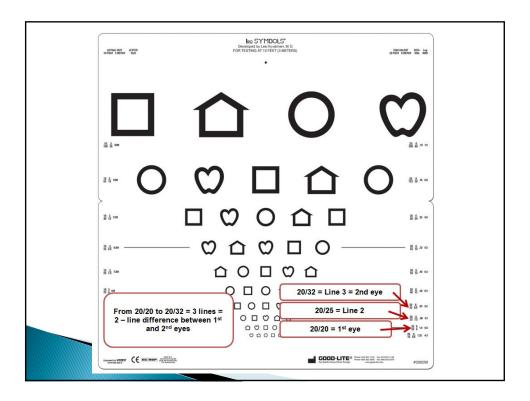
- Age 3 years:
 - Majority of optotypes on <u>20/50 line</u>
- Ages 4 years:
 - Majority of optotypes on <u>20/40 line</u>
- Ages <u>5 years and older</u>:
 - Majority of optotypes on <u>20/32</u> line
 - Or 2-line difference even in passing lines (e.g., 20/20 and 20/32)

Cotter, S. A., Cyert, L. A., Miller, J. M., & Quinn, G. E. for the National Expert Panel to the National Center for Children's Vision and Eye Health. (2015). Vision screening for children 36 to <72 months: Recommended practices. *Optometry and Vision Science*, 92(1), 6-16. Retrieved from http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4274336/pdf/opx-92-06.pdf

Donahue, S. P., Baker, C. N., AAP Committee on Practice and Ambulatory Medicine, AAP Section on Ophthalmology, American Association of Certified Orthoptists, American Association for Pediatric Ophthalmology and Strabismus, American Academy of Ophthalmology (2016). Procedures for the evaluation of the visual system by pediatricians. *Pediatrics*, 137(1), e20153597. Retrieved from http://pediatrics.apapublications.org/content/pediatrics/early/2015/12/07/peds 2015-3597 full pdf

- Our vision screening guidelines recommend referring a child when a 2-line difference occurs between the eyes during distance threshold visual acuity screening with an eye chart. Please explain a 2-line difference?
 - >...(I)f you are required to perform threshold visual acuity screening and refer a child for a 2-line difference between the eyes, the joint guidelines (AAP/AAPOS/AACO/AAO) suggest that a referral be made even when a child passes visual acuity screening with each eye.

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National Guidelines for Instrument-Based Screening

- Use beginning at age 12 months (AAP)
- Use for ages 1 and 2 years (AAP)
- Use instruments OR tests of visual acuity for children ages 3, 4, and 5 years (NCCVEH and AAP)
- Use instruments at any age for 6 years and older if child or young adult cannot do test of visual acuity (AAP)



Donahue, S. P., Baker, C. N., & AAP Committee on Practice and Ambulatory Medicine, AAP Section on Ophthalmology, American Association of Certified Orthoptists, American Association for Pediatric Ophthalmology and Strabismus, American Academy of Ophthalmology (2016). Procedures for the evaluation of the visual system by pediatricians. Pediatrics, 137(1), e20153597. Retrieved from http://pediatrics.aappublications.org/content/pediatrics/ear/w/2015/12/07/peds.2015-3597.full.pdf

Cotter, S. A., Cyert, L. A., Miller, J. M., & Quinn, G. E. for the National Expert Panel to the National Center for Children's Vision and Eye Health. (2015). Vision screening for children 36 to <72 months: Recommended practices. *Optometry and Vision Science*, 92(1), 6-16. Retrieved from http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4274336/pdf/opx-92-06.pdf



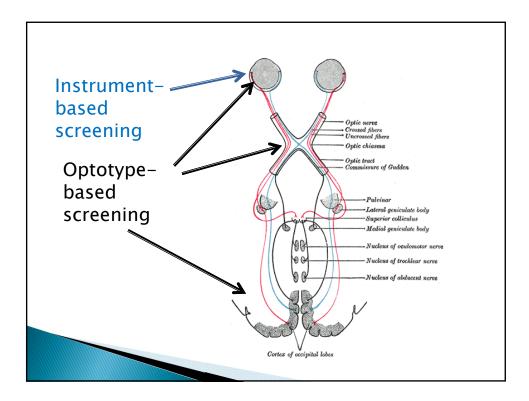
- How does screening with instruments differ from screening with eye charts?
 - ➤ Optotype-based vision screening (eye charts or computer software programs that display optotypes) measures visual acuity as interpreted by the brain.
 - ➤ Visual acuity is defined as the quantifiable measurement (e.g., 20/40) of the sharpness or clearness of vision when identifying black optotypes on a white background using specific optotype sizes at a standardized distance.

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From Q&A Papers

- ➤ Instrument-based vision screening does *not* measure visual acuity, and instrument-based screening is *not* the same as vision screening machines addressed in Question 8.
 - (Answers from Question 8: "Machines" are similar to those found in motor vehicle testing facilities when you apply for a driver's license.
 - Machines prevent the screener from observing a student's face and eyes during screening . . .
 - Insufficient data exist to support machines as a preferred vision screening practice for school-aged children.)
- Instruments analyze digital images of the eyes to provide information about amblyopia risk factors, including
 - Estimates of significant refractive error (astigmatism, hyperopia, and myopia),
 - Estimates of anisometropia (difference of refraction between the eyes), and
 - Estimates of eye misalignment.

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- You may be asking yourself if you should do both optotype- and instrument-based screening to measure different aspects of vision.
- ➤In an ideal world, you would do both.
- ➤ However, limited time and resources often impact the practicality of such dual screening.

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- If I cannot capture a reading with an instrument and I don't receive an error message – such as "pupils too small" – do I refer that student?
 - If you successfully captured readings on 10 or 15 students, the "wheel" on the instrument's results screen continues to spin on the 11th or 16th student, you receive no error message, and the device times out, refer the student.
 - Something about the eye may be preventing the instrument from receiving information from the eye.



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From Q&A Papers

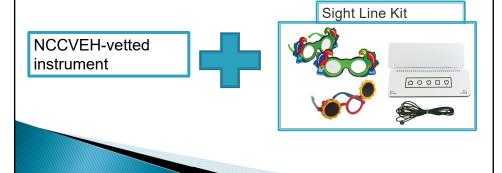
- If a child does not pass instrument-based screening, should I conduct optotype-based screening before referring the student?
 - >Absolutely not.
 - Instrument-based screening and optotype-based screening methods measure different aspects of the visual system.

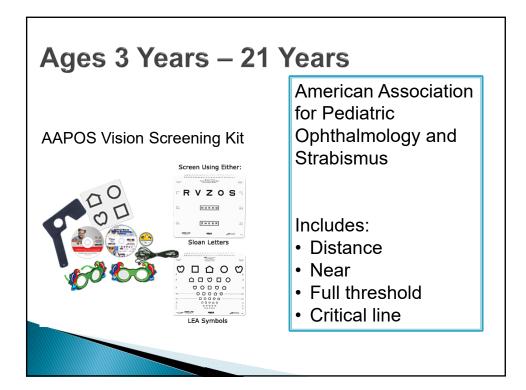
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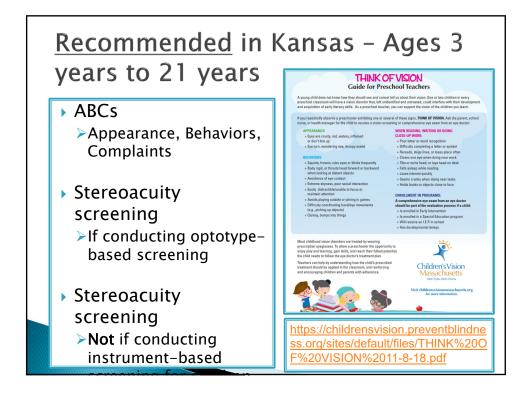
- ➤Instrument-based vision screening methods primarily provide an "estimate" of the type and amount of refractive error-hyperopia, myopia, astigmatism, and anisometropia.
- ➤ (Only an eye exam completed with cycloplegic eye drops determines a child's true refractive error.)
- ➤ Optotype-based screening methods measure visual acuity (i.e., the sharpness of vision at a given distance).

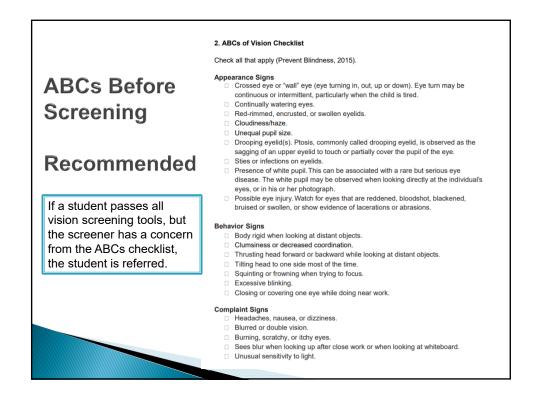
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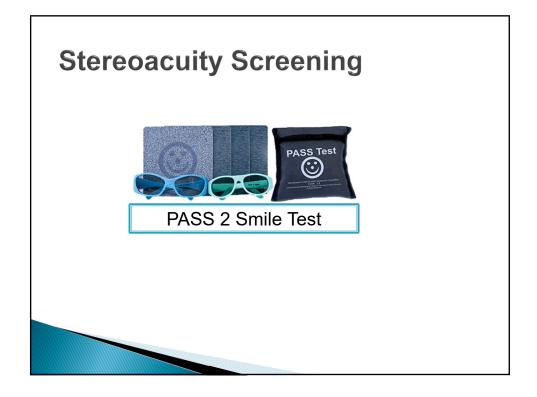
- Instruments typically will not capture readings on 100% of children (e.g., 97%).
- If doing instrument-based screening, still want optotype-based screening tool . . . just in case for other 3%.
- Example . . .











Cindy Galemore

Q&A From Papers

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- ... We are currently using Random Dot L as part of our vision screening. . . . Do you recommend it?
 - . . . (I)f you are required to conduct stereoacuity screening, the National Expert Panel to the National Center for Children's Vision and Eye Health . . . Recommends the Preschool Assessment of Stereopsis with a Smile (PASS 2 Smile) test.
 - This stereoacuity screening tool can be used with children of all ages.

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Q&A From Papers

- ▶When comparing results of the Random Dot E stereotest . . . with the Stereo Smile Test for Head Start children with ocular conditions in the Vision in Preschoolers Study, a greater number of children were found to be untestable compared with the Stereo Smile Test (the Stereo Smile Test is now called the PASS 2 Smile Test).
- Additionally, the Stereo Smile Test demonstrated higher sensitivity for identifying children with ocular conditions considered the most important to detect and treat early (Vision in Preschoolers Study Group, 2004, 2006).

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- The Vision in Preschoolers (VIP) Study Group. (2004). Comparison of preschool vision screening tests as administered by licensed eye care professionals in the Vision in Preschoolers study. Ophthalmology, 111(4), 637-650.
- Vision in Preschoolers (VIP) Study Group. (2006). Random Dot E stereotest: Testability and reliability in 3- to 5-year-old children. *Journal of* AAPOS, 10(6), 507-514. Retrieved from https://www.ncbi.nlm.nih.gov/pmc/articles/PMC 1884952/

Q&A From Papers

- I have had some school nurses tells me that the photoscreening camera will check stereopsis. . . . Can you clarify?
 - Stereopsis, also known as binocular depth perception, is defined as the blending of similar images from both eyes into one image.
 - Instruments provide information about eye misalignment, but do not measure stereopsis specifically.
 - Whether stereopsis is impacted depends on the severity and type of eye misalignment.

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Q&A From Papers

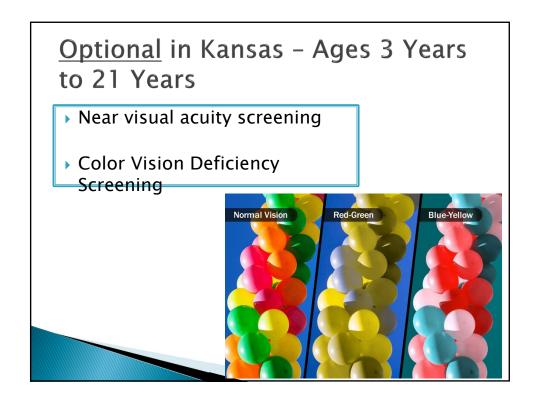
- ➤ A child with misaligned eyes is likely to have decreased stereopsis, but an instrument will not provide this information.
- A stereoacuity screening tool (e.g., PASS 2 Smile Test) will determine whether or not stereopsis is normal.

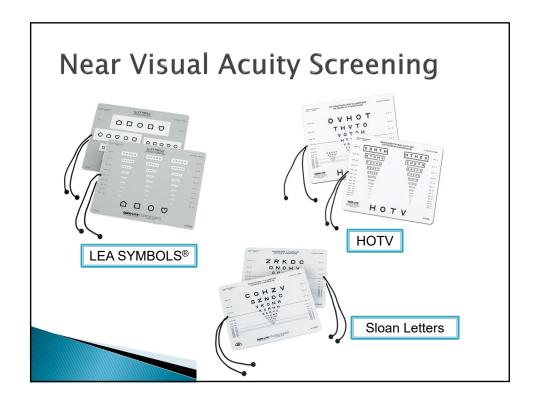
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Q&A From Papers

- ▶If you do instrument-based screening you do not need to also do stereoacuity screening.
- ▶If a student did not pass instrument-based vision screening because results reported eye misalignment, the eye care professional would conduct stereoacuity screening to determine whether stereopsis is normal.

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- . . . (Y)ou provided two options for doing near vision screening (one eye at a time or both eyes simultaneously). If I screen one eye at a time, do I also need to screen with both eyes open?
 - >... (W)e said that no national guidelines exist that specifically recommend near vision screening or describe how near vision screening should be conducted.
 - We provided two options for individuals who are

Nottingham Chaplin, P. K., Baldonado, K., Cotter, S., Moore, B., & Bradford, G. E. (2018). An eye on vision: Five questions about vision screening and eye health-Part 2. *NASN School Nurse*, *33*(4), 210-213.

From Q&A Papers

- Screen monocularly or one eye at a time, as you would do when conducting distance visual acuity screening.
- Screen binocularly that is, with both eyes open and by identifying the optotypes on only the line that the child should pass according to the child's age (e.g., a 7-year-old would identify the optotypes on the 20/32 line only).
- Choose monocular or binocular screening and use that approach; you do not need to do both.

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- >We recommend that you compare the outcomes of your near visual acuity screening results with comprehensive eye examination reports as a part of your annual vision screening system evaluation to determine if your approach identified a majority of correct referrals or resulted in over-referrals.
- Adjust your screening approach if needed.

Nottingham Chaplin, P. K., Baldonado, K., Cotter, S., Moore, B., & Bradford, G. E. (2018). An eye on vision: Five questions about vision screening and eye health-Part NASN School Nurse, 33(4), 210-213.

From Q&A Papers

- My state vision screening guidelines call for conducting plus-lens testing for near visual acuity screening. What are your thoughts about plus-lens testing?
 - ▶ Plus-lens testing (e.g., using +2.50 hyperopia glasses and the 20/32 line of a distance chart) is not a near vision screening test and lacks high quality evidence to support its use.
 - The Prevent Blindness Position Statement on School-Aged Vision Screening and Eye Health Programs states that lens testing is not an evidence-based approach for detecting children with significant refractive error and is an unacceptable vision screening technique.

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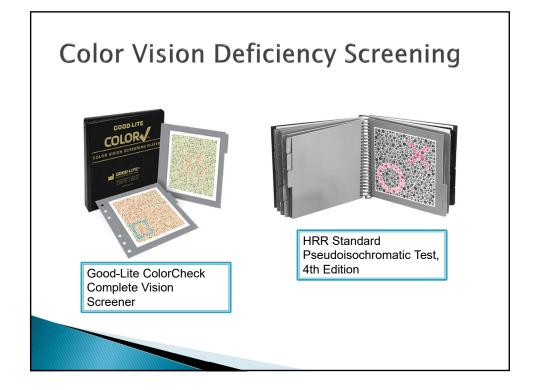
Prevent Blindness Position Statement on School-Aged Vision Screening and Eye Health **Programs**

https://nationalcenter.preventblindness.org/st

Vision Screening (6 and Older)

Position Statement on The goal of school-age vision screening (children ages 6 and older) is to identify children with as yet undiagnosed amblyopia or other early childhood vision disorders that may School-Aged Children still respond to treatment. Screeners will also look for other vision changes that may begin in third, fourth, or fifth grade during growth spurts.

> View and download Prevent Blindness' position statement on vision screening school-aged children here.



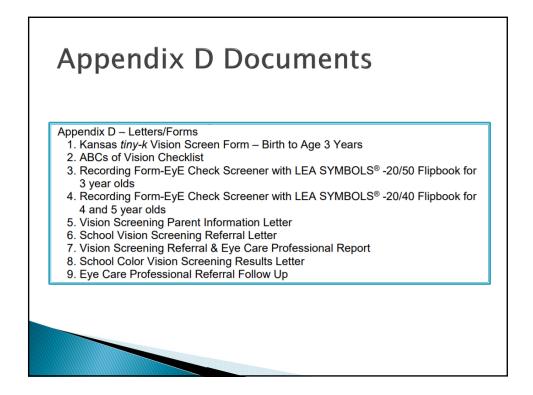
- . . . (I)f I am required to do color vision screening and a child passes the other parts of vision screening and fails only color vision screening, do I refer the child for an eye examination?
 - **≻**Yes
 - The eye care professional will confirm whether a color vision deficiency exists.

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From Q&A Papers

- If a color vision deficiency exists, the eye care professional will also identify the type and severity (mild, moderate, or severe).
- The eye care professional will also consult with the parents/caregivers regarding how the type and severity of the color vision deficit may affect the child's learning, life, and career choices.
- Ask the parents/caregivers to obtain a copy of the results from the eye care professional and to share those results with you because classroom and/or learning activities may require accommodations when color deficiencies are present.

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Ask yourself as we review:

- Which documents apply to my practice (age of students I am screening or screening tools I am using)?
- Why are some forms provided in PDF version and some in Microsoft Word version?
- Which form might best be placed in my school's electronic newsletter?
- Which two forms should be used together?
- Which forms reflect a change in practice based on the newly revised and updated 6th edition?
- What other languages should my school consider for translation of forms?

Call to Action

- Conduct evidence-based screening no later than August 2020.
- v Help ensure follow-up to eye care when children do not pass vision screening.
- V Help ensure children follow their treatment plans at school.

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Thank you for your TIME and ATTENTION. . .

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